Multiple Intelligences Checklist

Instructions: Check any items that apply to you. You may check as many as you like.

1. _____ I enjoy reading books
2. _____ I have always like math and science classes the most and I do well in them.
3. _____ I enjoy drawing, painting, and doodling.
4. _____ I love being outdoors and enjoy spending my free time outside.
5. _____ I have a pleasant singing voice and I like to sing.
6. _____ I'm the kind of person others come to for advice.
7. _____ I have some important goals for my life that I think about often.
8. _____ I love animals and I spend a lot of time with them.
9. _____ I like English and History better than math and science.
10. _____ I try to look for patterns and regularities in things, such as every third stair on the staircase has a notch in it.
11. _____ I like to figure out how to take apart and put back together things like toys and puzzles
12. _____ I am an active person and if I can't move around I get bored.
13. _____ I frequently listen to music because I enjoy it.
14. _____ I like going to parties and social events.
15. _____ I think I am a very independent person.
16. _____ I enjoy watching nature shows on television (i.e. Discover Channel or National Geographic)
17. _____ I am good at using words to get others to change their mind.
18. _____ I enjoy playing around with a chemistry set and am interested in new discoveries in science.
19. _____ When I watch a movie, I am more interested in what I see than what I hear.
20. _____ I think I am well coordinated.
21. _____ I can play a musical instrument.
22. _____ I don't like to argue with people.
23. _____ Sometimes I talk to myself.
24. _____ It is fun to watch birds or other animals to learn more about them.
25. _____ I am good at Scrabble and other word games.
26. _____ I believe that almost everything has a logical explanation.
27. _____ When I close my eyes, sometimes I can see clear images in my head that seem real.
28. _____ I have good skills in one or more sports and learn new sports quickly.
29. _____ I can easily keep time to a piece of music.
30. _____ I enjoy getting other people to work together.

31. _____ I like to spend time along thinking about things that are important to me.
32. _____ I am very good at telling the difference between different kinds of birds, dogs, trees, etc.
33. _____ I like to learn new words and know their meanings.
34. _____ I like to play games and solve puzzles that required tactics and strategy.
35. _____ I am good at reading maps and finding my way around unfamiliar places.
36. _____ I do not like organizes team sports as much as individual sports such as, tennis, swimming, skiing, golf, or ballet.
37. _____ I know the tunes and titles of many songs and musical pieces.
38. _____ I consider myself a leader (and others have called me that).
39. _____ I would rather spend a vacation in a cabin in the woods than at a fancy resort.
40. _____ I enjoy visiting zoos, natural history museums or other places where the world is studied.
41. _____ It is easy for me to memorize things at school.
42. _____ It is fun for me to work with numbers and data.
43. _____ I like some colors better than others.
44. _____ I do not mind getting my hands dirty from activities like painting, clay, or fixing and building things.
45. _____ Sometimes I catch myself walking along with a jingle or song in my head.
46. _____ When I have a problem, I will ask a friend for help.
47. _____ I think I know what I am good at and what I am not so good at.
48. _____ I like being outside whenever possible because I feel confident and comfortable there.
49. _____ I like to look things up on Google to better understand them.
50. _____ I like to ask people questions about how things work or why something is the way it is.
51. _____ I sketch or draw when I think
52. _____ Sometimes when I talk with people, I gesture with my hands.
53. _____ I like to make up my own tunes and songs.
54. _____ I have at least three close friends.
55. _____ I have hobbies and interests that I prefer to do on my own.
56. _____ I like camping and hiking.

Multiple Intelligences Tally Sheet

Instructions: Circle the numbers below that you check on your checklist. Then count how many circles you have in each column, and write that number at the bottom of each column.

	1	2	3	4	5	6	7	8
	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24
	25	26	27	28	29	30	31	32
	33	34	35	36	37	38	39	40
	41	42	43	44	45	46	47	48
	49	50	51	52	53	54	55	56
How many circles in each column?								
	LIN	**I-M**	**SP**	**B-K**	**MU**	**NTER**	**NTRA**	**NAT**

Look at the columns where you counted the most circles. You may have one, two or three areas that stand out. It doesn't matter how many, but rather what "fits" and seems right for you. See the key below.

- LIN = Linguistic
- L-M = Logical-Mathematical
- SP = Spatial
- B-K = Bodily-Kinesthetic
- MU = Musical
- NTER = Interpersonal
- NTRA = Intrapersonal
- NAT = Naturalist