To Clean NMR tube that contained 50 mg of sample and "three fingers" of CDCl₃

Remove plastic cap.

Turn tube upside down and insert into upright tube of the cleaning device.

Fit cap on top (really the bottom of the nmr tube), prevents have from falling down into glass

Turn on the vacuum,

Squirt acetone from a squeeze bottle for maybe 20-30 sec into short upright entry port on right side of apparatus.

Tube is now clean.

To prepare sample:

apprex. 0.050g

Weigh out 50 mg sample on a folded-in-quarters piece of weighing paper.

DRY
Dump solid into clean reaction tube/vessel (test tube, Erlenmeyer)

Dunt wash with
water

Add "3 fingers" of CDCl₃ into a clean NMR tube.

Now pour the CDCl₃ into the reaction tube holding the sample to dissolve completely the solid.

Pour solution back into the NMR tube - Pasteur pipet

Cap it immediately 30

TMS does not evaporate